In this life we need to walk alone. We need the isolation, because through that journey, we figure out what we're made of. We figure out what we're willing to go through for success.

在人生中，我们都需要自己一个人走。我们需要独处，因为在人生旅途中，我们会慢慢地发现自己。我们会明白，为了成功，我们愿意经历什么样的考验。  
Society loves to sell you the comfort. That's why we have fast food on every corner. That's why we have a pill for every problem. But I can tell you, nothing good comes from comfort. Nothing good comes from easy. Success lives in the pain. It lives in the sacrifice.

这个社会总是想让我们追求安逸，所以每个转角处都有快餐食品店，所以每种身体不适都有某些药片可以解决。但是，我要告诉你，好的东西，绝不是从安逸中得来的。好的东西，绝不是轻而易举就能得到的。成功，是从痛苦中诞生的，是从牺牲中诞生的。  
But you won't know that until you're willing to work, until you're willing to fight for your dreams. You don't need the validation(确认；批准；生效) from them. You don't need your friends to co-sign on your dreams. You don't need to live by the standards of society.

但是，如果你不愿意奋斗，如果你不愿意为自己的梦想而努力，你就不会明白这个道理。你不需要别人的认可。如果朋友们不认可你的梦想，你也不用理会。你不需要根据社会标准来生活。  
You need to believe in your own process, in your own journey. At the end of the day, you only answer to yourself. You must live life on your terms, regardless of your goals or your dreams. This starts with you, finding your purpose, finding your why. Because once you have that reason, there should be no one that can stop you.

你需要做的，是相信自己的努力过程，相信自己的人生旅途。毕竟，你最终还是要跟自己对话。无论你的目标是什么，无论你的梦想是什么，你都要根据自己的标准来生活。这一切都从你自己开始，找到你的目标，找到你的追求。因为，一旦你有了努力的理由，没有人可以阻挡你。  
Your purpose must light the fire in the darkness. Your purpose must fuel(给……提供燃料；刺激，煽动；推动) the progress through the pain. Everything is built off momentum, inch by inch, every moment of every second, is the chance to build, is the chance to live, to explore, to search for greatness, but you need to start now.

你的目标，会点亮火焰，照亮黑暗。你的目标，会让你熬过痛苦，助你获得更大的进步。世界上所有事物，都来自于动力，每一点动力，每一秒动力，都是大有作为的机会，都是活出精彩人生的机会，都能鼓励你去探索，去寻找伟大的事物。但是，你需要从现在开始就行动起来。  
There is no wait in this life. The world is full of people that are waiting to start. There is no more next month. There is no more I'll start tomorrow. You need to start now. You need to believe you are ready. You need to believe you have what it takes to make it through.

人生拒绝等待。在这个世界上，很多人在等待，迟迟不愿行动。没有什么下个月再做，没有什么明天再开始。你必须，现在，就开始行动。你必须，相信自己已经准备好了。你必须，相信你拥有成功的潜力。  
This won't be easy. Walking alone never is, but once you taste that success, once you see the possibilities, you will finally be free. The last thing you want to do is ask yourself what if five years from now. What if I would have chased my dreams? What if I would have believed in myself? What if I would have pursued my calling?

这可不是什么轻松的事。独自行走，从来不轻松。但是，一旦你尝到了成功的美好，一旦你看见了那么多可能性，你的心境就会变得自由。你肯定不想在五年以后才问自己，要是当初我做了这件事，会怎么样？要是当初我勇敢追寻梦想，会怎么样？要是当初我能相信自己，会怎么样？要是当初我为自己的使命而奋斗，会怎么样？  
There can be no doubt in this life. You have the chance to make the impossible possible. So fight through the pain. Build from the progress and chase the dream. You are the lone wolf.

人生容不得任何怀疑。你有机会，去让不可能成为可能。所以，勇敢面对痛苦，去奋斗吧。不断进步，不断追梦。你就是一匹孤狼。  
You don't move out of fear or anxiety. You move out of precision and calculation. You don't follow anyone. But you lead everyone. Those who doubt will learn. Those who believe will be your family. The lone wolf is born out of necessity, from the dark to the light.

你的每一个举动，不是出于恐惧或焦虑，而是出于敏锐和深思。你不跟随任何人的脚步，但所有人都愿意跟随你的脚步。那些质疑你的人，最终会发现你是对的。那些相信你的人，会成为你的盟友。孤狼，因使命而生，从黑暗奔向光明。